

See a doctor if you or a loved one experience these symptoms after ingesting feces:

*Dehydration, bloody diarrhea or blood in stool, sudden difficulty breathing, acting disoriented or confused.* Call 911 and seek immediate medical treatment if these symptoms occur. Otherwise, the person should be closely observed to ensure no further adverse reactions occur.

**Why not Eat what God Designed designed our bodies to**

**Eat? Besides, There's No Poop in Vegetables and Fruits!**



**‘When you sit down to eat with a ruler, Consider carefully what *is* before you; And put a knife to your throat If you *are* a man given to appetite. Do not desire his delicacies, For they are deceptive food.’ ~Proverbs 23:1-3**

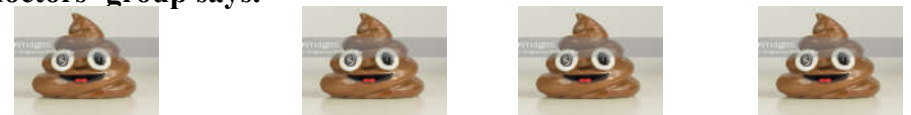
## There Is Poop in Basically All Hamburger Meat!?!...Seriously!?!

The U.S. Department of Agriculture (USDA) is being sued by a nonprofit organization of doctors that has claimed the government agency doesn't properly regulate fecal contamination in **meat and chicken production**. **“The result is that fecally contaminated meat and chicken products pass inspection as long as the feces on them are not visible to the naked eye.”**



The organization argued in its 2013 petition that the USDA's fecal contamination regulations aren't sufficient. It also proposed the agency should label inspected meat and poultry with the warning: **“May contain feces.”** According to information from the North American Meat Institute, bacteria on raw products is normal and doesn't automatically mean the product is contaminated by fecal matter. It claims that “all bacteria, whether pathogenic or not, are destroyed by cooking.”

**It's now legal for your meat to have trace amounts of fecal matter, doctors' group says.**



The question matters, first of all, for the obvious gross factor. “Nobody wants to eat feces,” Press says. But it gets more dire quickly: harmful microbes like E. coli are found in fecal matter. The Physicians Committee for Responsible Medicine tested chicken products, and found 48% tested positive fecal contamination. And the petition cited a Consumer Reports study that corroborated their evidence, finding “more than half of the packages of raw ground meat and patties tested positive for fecal bacteria.



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## Would you like your feces cooked or raw?

We often see birds going down the line with intestines still attached, which are full of fecal contamination,” that inspector told them. “If there is no fecal contamination on the bird’s skin, however, we can do nothing to stop that bird from going down that line.” From there, the bird would get into a large vat of water called the chill tank, where fecal matter in the bowels can easily wash out and settle on other bird carcasses in the tank. The inspector cited in PCRM’s legal complaint said this is sometimes called “fecal soup.”

Examples of bacteria commonly present in poop include:

- *Campylobacter*
- *E. coli*
- *Salmonella*
- *Shigella*



These bacteria can cause you to experience symptoms such as:

- nausea
- diarrhea
- vomiting
- fever



Parasites and viruses like hepatitis A and hepatitis E are also transmitted via poop. You can become ill by coming in contact with these through other measures, such as kissing an unwashed hand. Therefore, if you eat a larger amount of poop directly, you’re at greater risk for adverse symptoms.

## Artificial Meat Made From Poop



I'm sure your gag reflexes are in full effect right now and they should be. This is a weird one. A Japanese researcher has come up with an artificial meat that's made from **human feces**. According to *Inhabitat*, Japanese scientist Mitsuyuki Ikeda has come up with a burger made from soya, steak sauce essence, and protein extracted from human feces. Researcher Ikeda is using sewage mud or human feces as one of the main ingredients in his artificial meat. So with a global food crisis looming is **the POOP burger the answer?**

There’s a “simple explanation for why eating a hamburger can now make you seriously ill,” wrote Eric Schlosser in *Fast Food Nation: The Dark Side of the All-American Meal*. “**There is shit in the meat.**”

A new Consumer Reports investigation suggests things haven’t changed much since the publication of Schlosser’s 2001 blockbuster. The team tested 300 packages of ground beef, bought from more than 100 grocery, big-box, and natural food stores in 26 cities nationwide. The result: All 458 pounds of beef we examined contained bacteria that signified fecal contamination (enterococcus and/or non-toxin-producing *E. coli*), which can cause blood or urinary tract infections. **What happens to a person when they eat poop?**

According to the Illinois Poison Center, eating poop is “minimally toxic.”

poop naturally contains the bacteria commonly found in the intestines. While these bacteria don’t harm you when they’re in your intestines, they’re **not** meant to be ingested in your mouth.

